

# THE DOLDER GRAND

18 December 2020

## SAFETY CONCEPT FOR THE DOLDER GRAND SPA

The safety measures supplement the existing prevention measures set out by the Swiss Confederation.

**PROTECT YOURSELF AND OTHERS**

More important than ever: stop the rise in infection numbers.

- Keep a distance.
- Wear a face mask if it is impossible to maintain that distance.
- Wash your hands thoroughly.
- If you experience symptoms, get tested immediately and stay at home.
- To enable contact tracing, always provide your complete contact information.
- To break infection chains: download and activate the SuboCovid app.
- If you test positive: isolate. If you have had contact with a confirmed case: quarantine.
- Do not shake hands.
- Cough and sneeze into your elbow.
- Only visit a doctor's office or an accident and emergency department after making an appointment by phone.

[www.foph-coronavirus.ch](http://www.foph-coronavirus.ch)

### MASK REQUIREMENT

- It is mandatory to wear a mask in all public areas of the Dolder Grand. In the Spa, the mask requirement applies to all guests at the reception area, in the Spa Shop, in the Spa Cafe, in the cloakroom as well as in the entire treatment area and during a treatment (except facial treatments).
- You are free to wear a mask when using other areas of the spa.
- All employees are required to wear a mask.

### CAPACITY-RELATED MEASURES

- The maximum number of guests allowed in each area of the spa is clearly sign posted. Please do not enter an area once this number has been reached. Thank you for being responsible.
- We ask that you keep at least 1.5 metres away from other guests and from employees.
- The maximum number of guests allowed in the Spa Café is limited to 10.

### HYGIENE MEASURES

- All surfaces and areas will be disinfected every two hours or after each treatment (metal door handles, doors to toilets and showers, benches, buttons inside and outside lifts, surfaces of the showers and sunbeds)
- Please disinfect your hands at the reception desk, take a protective mask and put it on. Wear it continuously until after the treatment.
- The therapist will wear their mask throughout the treatment and disinfect their hands before and after. After each treatment, the face hole in the massage bed will be disinfected with a new cleansing wipe and disinfectant, and the towel covering the massage bed will be changed.
- After each treatment, the face hole in the massage bed will be disinfected with a new cleansing wipe and disinfectant, and the towel covering the massage bed will be changed.
- There are closed waste receptacles in all areas.
- All personal training and group fitness lessons may only take place without any physical contact. Corrections are shown and addressed verbally. All group fitness sessions are registration only and limited to a maximum of four people.

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- Only employees who are healthy will be coming to work, and we ask that you also only come to us if you are completely healthy.

Thank you very much for your understanding. We look forward welcoming you!