

The Dolder Grand sight running

Tour 1: City tour small

Distance: around 6 km | Duration: 60 min. | Surface: mainly tarmac
Golf course–Zürichhorn Casino–Chinese Garden–Opera House and
Sechseläutenplatz–Quaibrücke–Seebad Enge–Bürkliplatz

Tour 2: City tour grand

Distance: around 10 km | Duration: 90 min. | Surface: mainly tarmac
As tour 1 but with the addition of: Fraumünster church–Bahnhofstrasse–
Lindenhofplatz–National Museum Zurich–Grossmünster

Tour 3: Trail running Adlisberg

Distance: 7 to 10 km | Duration: 60 to 90 min. | Surface: mainly forest trails
Loorenkopf tower–peaceful fields–drinking fountain

Tour 4: Your favourite tour

Distance: optional | Duration: 60 to 120 min. | Surface: optional
A tailor-made running experience. We will help you to choose the distance,
duration, intensity, distance profile and the highlights along your chosen route.

Start: tours 1 and 2 – Dolder Grand Main Entrance; tour 3 – Dolder Grand Spa

Finish: tours 1 and 2 – Münsterhof (shuttle service); tour 3 – Dolder Grand Spa



Overview of sights

The churches of Zurich's old town: Grossmünster, Fraumünster, St. Peter

- » Grossmünster: there are plenty of wonderful sights to see in Zurich, but the two towers of the Grossmünster church are the city's true landmark.
- » Fraumünster: the largest pipe organ in the canton, stained-glass windows (by Augusto Giacometti & Marc Chagall) are the church's most important treasures.
- » St. Peter: the largest tower clock face in Europe (at 8.64 metres in diameter) was once the clock by which all public clocks in the city were set.

Bahnhofstrasse

World-famous landmark. Bahnhofstrasse is around 1.5 kilometres long and one of the most expensive streets in the world.

Chinese Garden

Ideally located between the Zürichberg and the lake, Zurich's Chinese Garden is one of the most impressive Chinese gardens outside China.

Dolderbahn

First journey of the cogwheel railway in 1895; complete renovation in 2004; journey time: six minutes (1,328m); climb of 162 metres; incline of around 19%

Lindenhofplatz

The central location on the Lindenhof hill, the cool shade of the trees and the magnificent views make Lindenhofplatz well worth a visit.

Loorenkopf tower

The 152 steps of the 30-metre-high wooden tower, which was built in 1954, lead up to a covered viewing platform measuring around 30 square metres.

Quaibrücke and Bürkliplatz

The square as we know it today was created with the completion of the Quaibrücke. This bridge was built with the intention of bringing the city of Zurich closer to the lake once again.

National Museum Zurich

The museum houses the biggest collection of cultural history artefacts and art in Switzerland, and is one of the country's most visited museums.

Sechseläutenplatz

It is both a place to relax and a location for festivities (the opera, Sechseläuten, the circus) and is one of the largest inner-city squares in Switzerland.